55TH ANNUAL NATIONAL CONFERENCE

Indian Association of Physical Medicine & Rehabilitation

IAPMRCON 2027

SCIENTIFIC PROGRAMME

Advancing Rehabilitation.
Integrating Innovation, Evidence & Inclusivity.



DATES

27–30 January 2027

Wednesday to Saturday

VENUE

AIIMS Nagpur

Maharashtra, India

Host: Department of Physical Medicine & Rehabilitation, AIIMS Nagpur

Under the aegis of Mumbai Association of Physical Medicine and Rehabilitation

DAY 1 · THU 28 JAN

Neurorehabilitation

DAY 2 · FRI 29 JAN

Musculoskeletal and Pain Rehabilitation

DAY 3 · SAT 30 JAN

Cardiopulmonary, Palliative Care and Medical Innovation

Programme at a Glance

FOUR DAYS, ONE THEME

Advancing Rehabilitation: Integrating Innovation, Evidence & Inclusivity

WED 27 JAN

Pre-conference workshops

Separate programme · Presidential dinner, 19:30

THU 28 JAN · DAY 1

Neurorehabilitation (S1–S5)

08:00–18:00 · Cultural Dinner, 19:30

FRI 29 JAN · DAY 2

Musculoskeletal and Pain Rehabilitation (S6–S10)

09:00–18:30 · Gala Dinner, 19:30

SAT 30 JAN · DAY 3

Cardiopulmonary, Palliative Care and Medical Innovation (S11–S12)

09:00–14:00 · Programme ends at 14:00

Venues

Main Auditorium	Scientific sessions (single track), keynote addresses, Inaugural Ceremony, IAPMR Presidential Oration, IFNR Symposium, panel discussion on PMR in the corporate world, General Body Meeting, Gold Medal Session, Quiz Grand Finale and Valedictory function.
Hall A	Paper/poster presentations, PMR Youth Forum, EC Meeting, Research Grant Writing CME, faculty free papers, Palliative Care session, panel discussion on medical innovation.
Hall B	Resident free papers, sessions S9–S10, IAPMR Symposia, "How I Do" video session, quiz eliminator round and IAPMR Fellowship Examination.

Session Format and Guidelines

1	Every scientific talk is **12 min presentation + 3 min discussion = 15 min**. A standard session has 6 talks (90 min); a Focus session has 4 talks (60 min).
2	Scientific sessions run one at a time in the **Main Auditorium** (about 1,000 seats).
3	Free papers run in parallel in **Hall A and Hall B**. Times are shown on each day's Hall A and Hall B pages.
4	The Research Grant Writing CME (4 hours) is in Hall A on Friday. IAPMR Symposia are held in Hall B on Thursday and Friday.
5	Timer cues: **amber at 10 min, red at 12 min, hard stop at 15 min.** Chairs introduce speakers in under 30 seconds.
6	Two chairpersons per session (one senior, one early-career); all chairs and speakers are to be confirmed (TBC).
7	Exceptions to 12+3: keynote addresses (25+5), the panel discussions, CME and symposia, and the quiz, examination and award formats.

Abbreviations: C, CME and symposium session; CME, continuing medical education; EC, Executive Committee; EX, examination; FP, free papers; GM, Gold Medal; HD, "How I Do"; IFNR, Indian Federation of Neuro Rehabilitation; PD, panel discussion; PM&R, physical medicine and rehabilitation; PS, paper/poster session; S, scientific session; SY, symposium; TBC, to be confirmed; YF, Youth Forum; YIA, Young Investigator Award.

Thursday

28 January 2027

DAY 1 · NEUROREHABILITATION

Day at a Glance

Time	Main Auditorium	Hall A	Hall B
08:00	08:00–09:00 *Registration*		
08:30			
09:00	09:00–10:00 **S1 · Stroke Rehabilitation: Acute Care to Community**		
09:30		09:30–11:00 **PS I · Paper/Poster Presentation (Area A)**	
10:00	10:00–11:30 **S2 · Spinal Cord Injury**		
10:30			10:30–12:00 **SY1 · IAPMR Symposium 1**
11:00		11:00–12:00 **PS I · Paper/Poster Presentation (Area B)**	
11:30	11:30–12:00 *Time kept free for Auditorium stage preparation*		
12:00	12:00–13:00 **Inaugural Ceremony**		
12:30			
13:00	13:00–14:00 *Lunch, exhibition*		
13:30			
14:00	14:00–15:30 **S3 · Keynote Addresses**	14:00–16:00 **YF · IAPMR Youth Forum session**	
14:30			14:30–17:00 **PS I · Paper/Poster Presentation (Area C)**
15:00			
15:30	15:30–16:00 **IAPMR Presidential Oration**		
16:00	16:00–16:30 **S4 · Focus Session: Paediatric Neurorehabilitation**	16:00–18:00 **EC Meeting**	
16:30	16:30–18:00 **S5 · Brain Injury, Consciousness, Cognition and Balance**		
17:00			17:00–18:00 **De-Bug the Quiz: eliminator round**
17:30			

Scientific session · CME, symposium, forum · Free papers and posters · Meetings and events · Breaks and time kept free

Evening: Cultural Dinner, 19:30 onwards.

Main Auditorium

NEUROREHABILITATION · SESSIONS S1–S5

All S sessions are held in the Main Auditorium.

08:00–09:00	*Registration*

S1	09:00–10:00	Stroke Rehabilitation: Acute Care to Community
09:00–09:15		Early mobilisation and acute-phase rehabilitation: recent update
09:15–09:30		Role of robot-assisted gait training and lower-limb CIMT in post-stroke gait recovery
09:30–09:45		rTMS and tDCS in stroke: evidence update
09:45–10:00		Stroke rehabilitation in low-resource settings: caregiver-led and home-based models

S2	10:00–11:30	Spinal Cord Injury
10:00–10:15		Neurosurgical approach in the acute care setting for spinal cord injury
10:15–10:30		Role of advanced robotics and mobility aids in spinal cord injury
10:30–10:45		Sexual health and fertility after spinal cord injury
10:45–11:00		Ageing with spinal cord injury: bone health, pain and secondary conditions
11:00–11:15		Pressure injury management in spinal cord injury
11:15–11:30		Role of neuromodulation in spinal cord injury

11:30–12:00	*Time kept free for Auditorium stage preparation*
12:00–13:00	**Inaugural Ceremony** Main Auditorium · with VVIP guest
13:00–14:00	*Lunch, exhibition*

S3	14:00–15:30	Keynote Addresses
14:00–14:30		Keynote address 1: Assistive technology and AI in rehabilitation (Topic allotted)
14:30–15:00		Keynote address 2: Frugal innovation for India's rehabilitation needs: low-cost prosthetics, orthoses and assistive technology (Topic allotted)
15:00–15:30		Keynote address 3: Topic to be announced

PO · 15:30–16:00	**IAPMR Presidential Oration** Main Auditorium

S4	16:00–16:30	Focus Session: Paediatric Neurorehabilitation
16:00–16:15		Acute care management to rehabilitation in neuroimmune disorders in children (Topic allotted)
16:15–16:30		Bladder management in spinal dysraphism: conservative to surgical approach (Topic allotted)

S5	**16:30–18:00**	**Brain Injury, Consciousness, Cognition and Balance**
16:30–16:45		Traumatic brain injury: inpatient rehabilitation and outcome prediction
16:45–17:00		Disorders of consciousness: assessment and prognostication
17:00–17:15		Neurobehavioural sequelae of TBI: agitation, cognition and mood
17:15–17:30		Cognitive rehabilitation: evidence and Indian-language tools
17:30–17:45		Concussion and mild TBI: return to school and work
17:45–18:00		Vestibular rehabilitation for dizziness and imbalance
19:30 onwards		**Cultural Dinner** 19:30 onwards

Hall A

PAPER/POSTER PRESENTATIONS · YOUTH FORUM · EC MEETING

PS I	**09:30–11:00**	**Paper/Poster Presentation (Area A)**
Programme		Poster presentation: 5 min (3+2)
PS I	**11:00–12:00**	**Paper/Poster Presentation (Area B)**
Programme		Poster presentation: 5 min (3+2)
YF	**14:00–16:00**	**IAPMR Youth Forum session**
Programme		Detailed programme to be finalised
EC · 16:00–18:00		**EC Meeting** Hall A

Hall B

SYMPOSIUM · POSTER PRESENTATIONS · QUIZ ELIMINATOR

SY1	**10:30–12:00**	**IAPMR Symposium 1**
Programme		Faculty and detailed programme to be announced
PS I	**14:30–17:00**	**Paper/Poster Presentation (Area C)**
Programme		Poster presentation: 5 min (3+2)
QZ · 17:00–18:00		**De-Bug the Quiz: eliminator round** Hall B

Friday

29 January 2027

DAY 2 · MUSCULOSKELETAL AND PAIN REHABILITATION

Day at a Glance

Time	Main Auditorium	Hall A	Hall B
09:00	09:00–10:30 S6 · Musculoskeletal Pain and Post-Trauma Rehabilitation: Evidence Update	09:00–13:00 C1 · Research Grant Writing CME (4 hours)	09:00–10:30 S9 · Peripheral Nerve, Electrodiagnosis, Hand and Rheumatology
09:30			
10:00			
10:30	10:30–12:00 S7 · Interventional Pain and MSK Ultrasound		10:30–11:30 S10 · Focus Session: Orthopaedic and Trauma Rehabilitation (4 talks)
11:00			
11:30			11:30–13:00 SY2 · IAPMR Symposium 2
12:00	12:00–13:30 IFNR Symposium		
12:30			
13:00			
13:30	13:30–14:00 *Lunch, exhibition*		
14:00	14:00–15:30 S8 · Sports, Para-sport and Exercise Medicine	14:00–16:30 FP II · Faculty/PG Free Papers · IAPMR Symposium	14:00–15:30 FP III · Resident Free Papers
14:30			
15:00			
15:30	15:30–16:30 PD-I · Panel Discussion: PMR in Corporate World		15:30–16:30 HD · “How I Do” video session
16:00			
16:30	16:30–18:30 IAPMR General Body Meeting		
17:00			
17:30			
18:00			

Scientific session · CME, symposium, forum · Free papers and posters · Meetings and events · Breaks and time kept free

Evening: Gala Dinner and Cultural Evening, 19:30 onwards.

Sessions S9 and S10 run in Hall B at the same time as S6 and S7 in the Main Auditorium. Tea is served in the halls during sessions.

Main Auditorium

MUSCULOSKELETAL AND PAIN · SESSIONS S6–S8

S6	**09:00–10:30**	**Musculoskeletal Pain and Post-Trauma Rehabilitation: Evidence Update**
09:00–09:15		Chronic musculoskeletal pain as a nociplastic condition: pain neuroscience education and cognitive functional therapy
09:15–09:30		Discogenic back pain: intradiscal biologics and basivertebral nerve ablation, evidence and limits
09:30–09:45		Cervicogenic headache and occipital nerve interventions
09:45–10:00		Opioid-sparing multimodal pain strategies in rehabilitation
10:00–10:15		Rehabilitation after complex limb trauma
10:15–10:30		Bone-healing adjuncts: low-intensity pulsed ultrasound, PEMF and shockwave therapy for delayed union and non-union
S7	**10:30–12:00**	**Interventional Pain and MSK Ultrasound**
10:30–10:45		Ultrasound-guided joint and spinal pain interventions: technique and safety
10:45–11:00		Orthobiologics: indications, evidence and standardisation
11:00–11:15		Cryoneurolysis in pain management (Topic allotted)
11:15–11:30		Ultrasound grading, elastography and tracking of healing in tendon and muscle injury
11:30–11:45		Ultrasound-guided hydrodissection for entrapment neuropathies
11:45–12:00		Safety in interventional pain: steroid risks, intravascular injection and managing complications
IFNR · 12:00–13:30		**IFNR Symposium** Main Auditorium · Indian Federation of Neuro Rehabilitation
13:30–14:00		*Lunch, exhibition*
S8	**14:00–15:30**	**Sports, Para-sport and Exercise Medicine**
14:00–14:15		ACL and knee ligament injuries: rehabilitation and return-to-sport criteria
14:15–14:30		Rehabilitation after ankle and foot injuries
14:30–14:45		Autonomic dysreflexia, boosting and thermoregulation in athletes with spinal cord injury
14:45–15:00		Para-sport: classification, injury patterns and the PM&R role
15:00–15:15		Exercise as medicine: prescription for cardiometabolic disease and cancer survivors (FITT-VP and supervised models)
15:15–15:30		The adolescent athlete: growth-related injuries and early specialisation
PD-I	**15:30–16:30**	**Panel Discussion: PMR in Corporate World**
15:30–15:40		Introduction
15:40–16:20		Moderated panel discussion (moderator and panellists TBC)
16:20–16:30		Audience questions
GBM · 16:30–18:30		**IAPMR General Body Meeting**
19:30 onwards		**Gala Dinner and Cultural Evening**

Hall A

RESEARCH GRANT WRITING CME · FREE PAPERS

C1	**09:00–13:00**	**Academic Research Grant Writing Session (CME)**
	Programme	Duration 4 hours; tea is served in the hall
FP II	**14:00–16:30**	**Faculty/PG Free Papers · IAPMR Symposium**
	Programme	*Faculty and detailed programme to be announced*
	14:00–14:15	Paper 1
	14:15–14:30	Paper 2
	14:30–14:45	Paper 3
	14:45–15:00	Paper 4
	15:00–15:15	Paper 5
	15:15–15:30	Paper 6
	15:30–15:45	Paper 7
	15:45–16:00	Paper 8
	16:00–16:15	Paper 9
	16:15–16:30	Paper 10

Hall B

SESSIONS S9–S10 · IAPMR SYMPOSIUM · FREE PAPERS · HOW I DO

S9	**09:00–10:30**	**Peripheral Nerve, Electrodiagnosis, Hand and Rheumatology**
09:00–09:15		NCV-EMG pitfalls: carpal tunnel syndrome and radiculopathy mimics
09:15–09:30		Neuromuscular ultrasound as an extension of electrodiagnosis
09:30–09:45		Peripheral nerve and brachial plexus injury: rehabilitation and timing of surgery
09:45–10:00		Nerve entrapments of the upper limb: conservative care or surgery
10:00–10:15		Hand therapy and splinting after tendon repair and nerve injury
10:15–10:30		Rheumatological rehabilitation: rheumatoid arthritis, axial spondyloarthritis and fibromyalgia
S10	**10:30–11:30**	**Focus Session: Orthopaedic and Trauma Rehabilitation (4 talks)**
10:30–10:45		Hip and knee arthroplasty: prehabilitation and post-operative pathways
10:45–11:00		Fracture and polytrauma rehabilitation
11:00–11:15		Scoliosis and spinal deformity: bracing and exercise
11:15–11:30		Haemophilic arthropathy and joint health
SY2	**11:30–13:00**	**IAPMR Symposium 2**
Programme		Duration 1.5 hours; faculty and detailed programme to be announced
FP III	**14:00–15:30**	**Resident Free Papers**
14:00-14:15		Paper 1
14:15-14:30		Paper 2
14:30-14:45		Paper 3
14:45-15:00		Paper 4
15:00-15:15		Paper 5
15:15-15:30		Paper 6
HD	**15:30–16:30**	**“How I Do” Session: Video-Based Work Presentations**
Programme		Faculty and detailed programme to be announced

Saturday

30 January 2027

DAY 3 · CARDIOPULMONARY, PALLIATIVE CARE AND MEDICAL INNOVATION

Day at a Glance

Time	Main Auditorium	Hall A	Hall B
09:00	09:00–10:30 GM · IAPMR Gold Medal Session	09:00–10:30 S11 · Palliative Care and Rehabilitation	09:00–11:00 EX · IAPMR Fellowship Examination
09:30			
10:00			
10:30	10:30–11:30 S12 · Cardiopulmonary, Critical Care and Vascular Rehabilitation (4 talks)	10:30–11:30 PD · Panel Discussion: Medical Innovation in Advancing Rehabilitation Technologies in India	
11:00			
11:30	11:30–13:00 De-Bug the Quiz: Grand Finale	11:30–13:00 FP IV · Faculty Free Papers	11:00–12:30 FP V · Resident Free Papers
12:00			
12:30			
13:00	13:00–14:00 Valedictory function		
13:30			
14:00	14:00 onwards *Lunch, exhibition*		

Scientific session · CME, symposium, forum · Free papers and posters · Meetings and events · Breaks and time kept free

The scientific programme ends at 14:00.

Main Auditorium

GOLD MEDAL · CARDIOPULMONARY · QUIZ FINALE · VALEDICTORY

GM	09:00–10:30	IAPMR Gold Medal Session
Programme		*Titles and presenters of the Gold Medal presentations are to be announced*
09:00–09:15		Presentation 1
09:15–09:30		Presentation 2
09:30–09:45		Presentation 3
09:45–10:00		Presentation 4
10:00–10:15		Presentation 5
10:15–10:30		Presentation 6

S12	10:30–11:30	Cardiopulmonary, Critical Care and Vascular Rehabilitation (4 talks)
10:30–10:45		Cardiac rehabilitation in India: home-based and hybrid models
10:45–11:00		Pulmonary rehabilitation in the acute care setting
11:00–11:15		ICU rehabilitation: early mobilisation and ICU-acquired weakness
11:15–11:30		Mechanical chest vibration and secretion management

QZ · 11:30–13:00 — **De-Bug the Quiz: Grand Finale**
Main Auditorium

VF · 13:00–14:00 — **Valedictory function**
Main Auditorium · best paper, poster, quiz and young investigator awards; handover to the next host

14:00 onwards — *Lunch, exhibition*

Hall A

PALLIATIVE CARE · PANEL · YOUNG INVESTIGATOR AWARD · FREE PAPERS

S11	**09:00–10:30**	**Palliative Care and Rehabilitation**
09:00–09:15		Palliative rehabilitation: goals, principles and the PM&R role
09:15–09:30		Cancer-related fatigue and cachexia: exercise and energy conservation
09:30–09:45		Pain in advanced disease: pharmacological and interventional approaches
09:45–10:00		Symptom control in non-cancer palliative care: neurological, respiratory and cardiac
10:00–10:15		Mobility, positioning and assistive devices in advanced illness
10:15–10:30		Caregiver support, communication and advance care planning
PD	**10:30–11:30**	**Panel Discussion: Medical Innovation in Advancing Rehabilitation Technologies in India**
10:30–10:35		Introduction
10:35–11:15		Moderated panel discussion (moderator and panellists TBC)
11:15–11:30		Audience questions
FP IV	**11:30–13:00**	**Faculty Free Papers**
Programme		Detailed programme to be announced

Hall B

FELLOWSHIP EXAMINATION · FREE PAPERS

EX	**09:00–11:00**	**IAPMR Fellowship Examination**
Programme		Hall entry 09:00; examination 09:30–11:00 (1.5 hours)
FP V	**11:00–12:30**	**Resident Free Papers**
11:00–11:15		Paper 1
11:15–11:30		Paper 2
11:30–11:45		Paper 3
11:45–12:00		Paper 4
12:00–12:15		Paper 5
12:15–12:30		Paper 6